



## **Summer 2022 Recreation Guide**

### **Parks & Recreation Staff**

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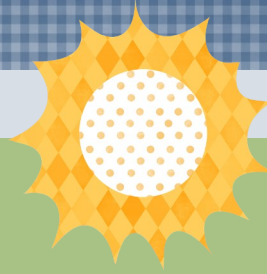
**Tammy Connolly**

**Recreation Coordinator**

Youth & Adult Sports,

Youth Enrichment, Adult Fitness

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**The Camas Parks and Recreation offices  
are in the Lacamas Lake Lodge,  
227 NE Lake Road, Camas, WA 98607.**

**COVID-19 state health guideline information is  
fluid, so we ask that you continue to visit our  
webpage and follow us on Facebook for updates  
on our facility reopening and operations.**

**(360) 834-5307**

**<https://register.cityofcamas.us>**

### **How To Register -**

- **ONLINE** at **<https://register.cityofcamas.us>**



## Busy Bees Preschool Summer Camps for ages: 3.5Y - 5Y



Join us for fun-filled days of arts and crafts, games, sports and an opportunity to make new friends. We will keep your campers engaged, entertained and educated as we focus on fun, arts & crafts activities, creative play and lasting friendships.

We will be outside as much as possible so dress accordingly!



- Allow 5-10 minutes to complete emergency contact & behavior policy paperwork on the first day of camp.
- Please bring a lunch, snack and a re-usable water bottle with your child's name clearly marked on them daily.
- Weather appropriate clothing, Close toed shoes and clothing that can get dirty are required. An extra change of clothing is recommended. LABEL ALL ITEMS!
- Low staff-to-camper ratio ensures that your child is safe & has fun.
- Pre-registration is required, early registration recommended.
- We participate in walking field trips.
- Campers must be able to use the restroom independently.

### Teacher Jean

**Tuesday - Thursday 9:30AM - 12:30PM**

**Fee: - (In-City): \$75, (Out-of-City): \$90**

**Lacamas Lake Lodge, 227 NE Lake Road**

### Construction Crew June 28 - 30

Build, build, build! Make structures and usable items with a variety of materials including Legos, Magnatiles, PVC pipes, bricks, wood, and more.

### Let's Get Buggy July 19 - 21

Do you like Bugs? We will make a bug hotel and a bug catcher to go on some bug hunts. We will make some bug crafts, play some buggy games just to name a few buggy things.....

### Camping at the Lake August 9 - 11

Bring a sleeping bag and we will set up camp by the lake. We will make and eat s'mores, go hiking, have a scavenger hunt, paint with worms and more.....

### Splish Splash Water Week August 23 - 25

Do you like to get wet? Water obstacle courses, sprinkler fun, water balloons, and much more! Bring your swimsuit and a smile!

### YOUTH SCHOLARSHIPS

Assistance is available to youth participants with financial need who live in our community.

Call Camas Parks & Recreation at 360-834-5307 for more details and to receive an application.

**Register online at <https://register.cityofcamas.us>. Questions? Call 360-834-5307**



## SHAPE NW SUMMER DAY CAMPS for Pre-K - 8th Grade

If you are looking for an amazing summer experience for your kids, join our camp this summer. We have something for everyone! SHAPE NW provides sports and activity based camps with a special theme each week for PK-3rd graders and an outdoor adventure camp for kids 4th-8th grades!

**June 21st - August 26th**

**Monday - Friday**

**9:00am-4:00pm**

(7:30am early drop-off available)

### Pre-K through 3rd grade

Scout Hall in Crown Park, 621 NE 15th Ave, Camas, WA 98607  
Sign up for the whole summer and get a huge discount!

### 4th-8th ADVENTURE Camp

Drop off and pick up will be at Scout Hall in Crown Park, 621 NE 15th Ave, Camas, WA 98607  
Sign up for the whole summer and get a huge discount! Daily rates not available for Adventure Camp



**Register online at [www.shapenw.com](http://www.shapenw.com)**

**Questions? (503) 867-4328**

**Register online at: <https://register.cityofcamas.us>**

**Mini-Hawk Camp (Baseball, Flag Football, Soccer)****Ages: 4 yrs. to 7 yrs.**

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace.

**06/20 - 06/24      9:00AM - 12:00PM      \$165**

**Multi-Sport Camp (Flag Football & Soccer)****Ages: 7 yrs. - 12 yrs.**

Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine 2-3 sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of (2 or 3) new sports along with vital life lessons such as respect, teamwork, and self-discipline.

**06/20 - 06/24      1:00PM - 4:00PM      \$165**

**Soccer Camp Ages: 6 yrs. to 10 yrs.**

Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their sport skills preparing them to play for the playground or league play!

**07/11 - 07/15      9:00AM - 12:00PM      \$165**

**Flag Football Camp Ages: 6 yrs. to 12 yrs.**

Skyhawks flag football is the perfect program for your young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day' campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun & positive environment. The week ends with the Skyhawks Sports Bowl.

**07/11 - 07/15      1:00PM-4:00PM      \$165**

**Mini-Hawk Camp (Baseball, Flag Football, Soccer)****Ages: 4 yrs. to 7 yrs.**

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace.

**08/15 - 08/19      9:00AM - 12:00PM      \$165**

**Soccer Camp Ages: 6 yrs. to 12 yrs.**

Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their sport skills preparing them to play for the playground or league play!

**08/15 - 08/19      1:00PM-4:00PM      \$165**

**Location: Fallen Leaf Softball Field, 325 NE 23rd Ave, Camas**

**Register for the Skyhawks camps at <https://www.skyhawks.com/>**

**Call 1-800-804-3509 with any questions.**

**Register online at: <https://register.cityofcamas.us>**





Register for the Soccer Shots at <https://pdx.soccershots.com>

Call (503) 913-4542 with any questions.

#### **SOCCER SHOTS SATURDAY CLINICS**

**Saturdays, 6/11 - 8/27 (no class 7/2)**

**\$199 per 10 week season**

**Fallen Leaf Softball Field, 325 NE 23rd Ave.**

##### **MINI**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Parent/guardian participation is required for Mini programs so group sizes are limited to eight children per class. For health reasons, only one parent/guardian can participate with each child.

**Age: 2 - 3 year olds      4:40pm - 5:10pm**

##### **CLASSIC**

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation

**4 - 5 year olds      3 - 4 year olds**  
**3:00pm - 5:35pm      3:50pm - 4:25pm**

##### **PREMIER**

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

**Age: 5 - 8 year olds      2:00pm - 2:45pm**

#### **SOCCER SHOTS SUMMER CAMPS**

**Monday - Thursday**

**07/11 - 07/14 -OR- 8/01 - 8/04**

**Fallen Leaf Softball Field, 325 NE 23rd Ave.**

##### **CLASSIC SUMMER CAMP**

Help your kiddo stay active by joining Soccer Shots for a Summer CAMP! Campers will develop their soccer skills, their character, and their creativity while having fun and being active. Our Camps always feature low coach-to-player ratios, professional staff, and an age-appropriate curriculum. Each day of Camp, Coaches will focus on individual soccer development, team-building, character development, and coordination / balance / agility development. We teach advanced soccer skills through fun fitness activities, all the while keeping our positive and non-competitive attitude.

**Age: 3 - 4 year olds      9:15am - 10:15am**

**Price \$79**

**Age: 4 - 5 year olds      10:30am - 12:00pm**

**Price \$99**

##### **PREMIER SUMMER CAMP**

This 4-day, 3-hour Premier Camp is packed with action for your 5 - 8 year old. Each day will include a "Word of the Day", soccer skills and games, small-group scrimmage time, as well as a variety of other age appropriate options such as crafts, team building exercises, snack time, or even literature. And, of course, plenty of opportunities to SCORE A GOAL!

**Age: 5 - 8 year olds      9:00am - 12:00pm**

**Price \$199**

#### **YOUTH SCHOLARSHIPS**

Assistance is available to youth participants with financial need who live in our community.

Call Camas Parks & Recreation at 360-834-5307 for more details and to receive an application.



**Kids Adventure Club**  
**Yoga Adventures, Games,**  
**Books, Arts & Crafts**  
**For ages: 5 - 10**

Kids Adventure Club is a Summer program for children ages 5 – 10 following the acclaimed Imagination Yoga curriculum. We will go on yoga adventures that stretch our minds and bodies and play games that build confidence and promote teamwork.

We'll read books from the best selling series "A Little SPOT of Emotion" by Diane Alber, and learn how to recognize different feelings, like: anger, anxiety, confidence and happiness. We'll discuss what affects they have and learn how to navigate the changing tides to become the "Captain of our Calm."

It will also include arts and crafts that support social/emotional well-being, such as: playdough, superhero masks, calm down jars, magic wands and more!

Kids Adventure Club is led by Yoga Instructor and ACE (American Council on Exercise) Certified Group Fitness Instructor, Erika Levy.

Mondays, 10:00am - 2:00pm

2 Sessions Available:

Session 1: 6/27 - 7/25 (no class 7/4)

Session 2: 8/1 - 8/22

4 Classes Per Session

Lacamas Lake Lodge, 227 NW Lake Rd

\$120/ child

Discount available for siblings! Register 2 or more for \$100/ child

Drop-In Rate: \$35/ child (Subject to Availability)

Please bring a light snack and water bottle.

**Register at <https://register.cityofcamas.us/>**

**YOUTH SCHOLARSHIPS**

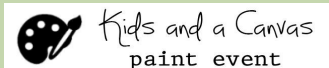
Assistance is available to youth participants with financial need who live in our community.

Call Camas Parks & Recreation at 360-834-5307 for more details and to receive an application.



Courtney with Kids & a Canvas will be back this summer offering some amazing paint events for your kids & families.

Check Facebook and our website regularly for more details.



**Find more info on her Facebook page: <https://www.facebook.com/kidsandacanvas>**



## SENIOR CITIZEN & YOUTH SCHOLARSHIPS

*Offered through generous grants from the TODAY Foundation, the Parks Foundation of Clark County and the Partners with Camas Parks & Recreation.*

Assistance is available to youth & senior citizen participants with financial need who live in our community.

Camas Parks & Recreation receives funds from various organizations to support our scholarship program. Youth in the community who are interested in participating in a program offered through our department are encouraged to apply.

### To receive a scholarship application:

- view us online at <https://register.cityofcamas.us>
- Call 360-834-5307 to have it mailed to you
- Visit the Lacamas Lake Lodge, 227 NE Lake Road to pick one up
- Email [tconnolly@cityofcamas.us](mailto:tconnolly@cityofcamas.us) to have one emailed to you.



## VISION STATEMENT

We envision Camas as a thriving, cohesive community that honors a unique legacy of coordinated parks, trails, natural areas and diverse recreation opportunities highlighted by our lakes, rivers and streams. Stewardship and thoughtful enhancement of these assets ensure a safe, healthy, active and balanced lifestyle for all.

## MISSION STATEMENT

Camas Parks and Recreation promotes a healthy and sustainable community by listening and responding to the community's needs and desires, protecting and preserving its natural spaces to improve ecological health, and developing and maintaining parks, trails and recreation programs that are welcoming for all.

## Inclement Weather/Cancellation Policy

Cancellation of an activity may occur due to low enrollment, **weather conditions**, or circumstances beyond our control. **Activities will be canceled if Camas schools are closed.** When possible, registered participants will be notified of cancellation.

## Would you like to teach a class?

**We are always looking for new instructors to teach programs and activities.** If you have knowledge and experience in a subject regarding Youth or Adult Sports or other Youth, Adult or Senior Programs, contact Tammy Connolly with Camas Parks & Recreation at 360-834-5307 or email at [tconnolly@cityofcamas.us](mailto:tconnolly@cityofcamas.us).

**Learn more about the Parks & Recreation Department on our "[About Us](#)" webpage.**

## COVID PROTOCOLS

**Face Coverings:** Following guidelines from the Governor's Office, face coverings are no longer required in public indoor settings.

**Cleaning & Staff Protocols:** Camas Parks & Recreation remains focused on the health and safety of our community. Rooms are well-ventilated and windows are opened where possible. Sanitizer is available throughout the buildings and equipment used in group classes is disinfected by staff after each class. Staff regularly check and sanitize all equipment, counters and high-touch surfaces throughout the day and janitorial staff sanitize all spaces each night.

**Other Ways to Stop the Spread:** You can prevent the spread of COVID-19 in our community by washing or sanitizing your hands frequently, maintaining physical distancing of at least six feet, wearing a face covering when physical distancing is difficult and staying home if you are feeling ill.