

Camas Parks & Recreation

SPRING
2017

Parks & Recreation Staff

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Office Location



The Camas Parks and Recreation offices are in the Lacamas Lake Lodge!
227 NE Lake Road, Camas, WA 98607.
Come see us Monday through Friday,
8:00AM - 5:00PM
(360)834-5307
<https://register.cityofcamas.us>

Online Registration Available!

You can register online for all classes in this newsletter at:
<https://register.cityofcamas.us>

You can also view our availability calendar and make facility reservations online!

How To Register

There are currently four convenient ways to register for an activity or program:



MAIL registration form with a check, payable to: City of Camas, 616 NE 4th Ave., Camas, WA 98607.



WALK in to the Lacamas Lake Lodge, 227 NE Lake Road



ONLINE at <https://register.cityofcamas.us>

Sign up to receive our newsletter electronically!

As part of our effort to help with sustainability and reduce printing and paper costs, the Camas Parks and Recreation Department no longer mails out our quarterly newsletter. Several alternatives are available:

To view the current newsletter or to sign up to register to have the newsletter sent directly via e-mail, go to the City's website at

<https://register.cityofcamas.us>

Hard copies can also be picked up at the Lacamas Lake Lodge, 227 NE Lake Road and the Camas Public Library, 625 N.E. 4th Ave.



What's to like at
Camas Parks and
Recreation?
Facebook!

Come check it out at
<http://www.facebook.com/pages/City-of-Camas-Parks-and-Recreation/104359972957774>

Inclement Weather/ Cancellation Policy

Cancellation of an activity may occur due to low enrollment, **weather conditions**, or circumstances beyond our control. **Activities will be canceled if schools are closed.** When possible, registered participants will be notified of cancellation.

Would you like to teach a class?

We are always looking for new instructors to teach programs and activities. If you have knowledge and experience in a subject regarding Youth or Adult Sports or other Youth, Adult or Senior Programs, contact Camas Parks & Recreation at 834-5307.

- Camas Parks and Recreation oversees the Camas Community Center, Lacamas Lake Lodge, Fallen Leaf Lake Park, Camas Municipal Pool (seasonal), Scout Hall, 13 parks, 22 miles of trails, and over 600 acres of open space. We are a City of Camas Dept. funded by the City of Camas General Fund, donations and grants.
- Disclaimer: This activity/class schedule is published for information purposes only. Camas Parks and Recreation reserves the right to make any changes in the content and provision of the class schedule without notice.
- The City of Camas prohibits sex discrimination in the operation, conduct, or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Camas for a community program are also prohibited from discriminating on the basis of sex. In addition, the City of Camas does not discriminate on any other basis protected by federal or state law, including race/color, creed (religion), national origin, sex, disability, use of a guide dog or service animal by a person with a disability, HIV/AIDS or hepatitis C status, sexual orientation/gender identity, or honorably discharged veteran and military status. If you have questions, wish to file a complaint, or if you require a reasonable accommodation for a disability, contact Jennifer Gorsuch at 360-817-1530.

Parks and Recreation Vision Statement

Through provision of recreation and parks services, we enhance the quality of life and nurture the health and well-being of our people, our community, our environment and our economy. We are community driven. Together, and often in partnership with related fields and organizations, we:

- help individuals reach their potential - ensuring healthy, active and balanced lifestyles, a fit foundation for productive lives, stimulating holistic growth and development.
- strengthen the social foundations of our society - building strong relationships - collaborating to support families of all kinds, nurturing leadership and developing self-reliant communities - creating understanding and harmony through shared leisure lifestyles.
- serve as "stewards of the environment" - creating environmental awareness/encouraging ecosystem approaches to planning - protecting, preserving & restoring significant natural areas & corridors.
- build and renew local economies - reducing dependencies on health and social services through building a fit and productive work force; stimulating the leisure industries and attracting economic development to our community known for our high quality of life.

YOUTH SPONSORSHIPS

Offered through generous grants from the Camas-Washougal Community Chest, TODAY Foundation and the Friends of the Camas Community Center.

Assistance is available to youth participants with financial need who live in our community.

Camas Parks & Recreation receives funds from various organizations to support our sponsorship program. Youth in the community who are interested in participating in a program offered through our department are encouraged to apply.

To receive a sponsorship application: view us online at <https://register.cityofcamas.us>, call 834-5307 to have it mailed to you, or visit the Lacamas Lake Lodge, 227 NE Lake Road

Camas Co-Ed Flag Football



A no-contact game to build passing and running skills with a focus on teamwork.

Practices are in April, games begin in May. Practices and games will be held on Monday and Thursday evenings.

Any parent who volunteers to coach will receive a refund of their child's registration fee. Fee includes shirt & use of all equipment. Mouth Guard required.

Time: 5:30pm - 7:00pm

Location: Practices and games at various Camas fields

Dates: April 10 - May 25

Days: Mondays and Thursdays

Cost: \$50

Ages: 6 - 8 Years or 9 - 11 Years

Sign Up Deadline: Friday, March 24

Register online at <https://register.cityofcamas.us>

Call Camas Parks & Recreation at 834-5307 for more information. You can also register in person at Lacamas Lake Lodge, 227 NE Lake Road

*Washougal students will register with Camas this year while their fields are under construction.

UK Elite Soccer Camp for Age: 3Y - 14Y

The UK Elite coaches are professional instructors from the UK who are highly trained and motivated to develop youth soccer players. Every player will receive a UK Elite jersey along with a detailed player evaluation at the end of the week. If your player is just starting out in soccer or looking to take the next step in their soccer development then this is the camp for you!

Days: Monday - Friday

Location: Fallen Leaf Park

33057A Soccer Camp 1

Dates: July 10 - 14

33057B Soccer Camp 2

Dates: August 21 - 25

Summer Camp

Age: 5Y - 14Y Cost: \$150

Time: 9:00AM - 12:00PM

Petite Introductory Phase

Age: 3Y - 5Y Cost: \$110

Time: 9:00AM-10:15AM

or

10:30AM - 11:45AM

Register via

www.ukelite.com/dcc

or call (206) 406-5855



Tetra Brazil Soccer Camp Age: 7Y - 16Y

The TetraBrazil Camp combines traditional Brazilian technical practices with the flair, passion, and creativity of South American soccer.

The TetraBrazil curriculum has been designed by an organization of professional soccer educators in Brazil to provide teams, coaches and players in North America with the same expert level of training received by the Professional Brazilian Clubs. Campers will warm up to samba music, learn Portuguese phrases and discover what it is like to grow up in a country where playing soccer is treated like a religion.

Days: Monday - Friday

Location: Fallen Leaf Park

33057A Dates: July 24 - 28

Half Day

Age: 7Y - 10Y Cost: \$159

Time: 9:00AM - 12:00PM

Half Day

Age: 8Y - 16Y Cost: \$159

Time: 1:00PM - 4:00PM

Full Day

Age: 11Y - 16Y Cost: \$199

Time: 9:00AM - 4:00PM

Register via

www.challengersports.com

or call (800) 533-9374



TODDLER YOGA

Toddler & Me Yoga Ages 1Y - 5Y

Share the practice of yoga with your toddler(s). Yoga provides an excellent space for bonding while building strength, balance, coordination, confidence and patience.

Through the practice of yoga, toddlers will naturally develop more inner body awareness and will enjoy having a space to creatively express themselves through movement, breath, and intention.

The class is broken into two parts: First, toddlers are taught yoga through song, dance, stories and animals. Toys are brought out for the second half of class and children play while the grown ups practice.

No yoga experience required.

Bring a yoga mat and water bottle.

Instructor: Erika Levy, RYS 200

Mondays ongoing starting 04/10 10:30AM - 11:30AM

-and-

Thursdays ongoing starting 04/13 4:00PM - 5:00PM

Location: Lacamas Lake Lodge, 227 NE Lake Road

Fee: \$10/class (drop-in) includes 1 adult + 1 child.

Add children for \$2 per child

Register online at <https://register.cityofcamas.us>



Mommy/Daddy & Me Soccer – Ages 2 – 3.5, 6:15PM - 6:45PM

The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Tot/Pre-Soccer – Ages 3.5 – 5, 5:30PM - 6:05PM

Little tykes will enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities.

Soccer 1 – Ages 5 – 6, 4:45PM - 5:30PM

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small-sided soccer matches will be introduced gradually.

Soccer 2 – Ages 7 – 10, 4:00PM - 4:45PM

Advanced skill building: dribbling, passing & shooting in team play format. All levels welcome to come enjoy the world's most popular game!

Spring - Outdoors

Lacamas Lake Lodge Grass Field, 227 NE Lake Road
Fee: \$70 (includes FREE jersey)
Wednesdays, 04/26 - 06/07

Summer - Outdoors

Lacamas Lake Lodge Grass Field, 227 NE Lake Road
Fee: \$70 (includes FREE jersey)
Wednesdays, 06/28 - 08/09

Register online at www.kidzlovesoccer.com.
Questions? (503) 278-5377

Kidz Love Soccer Half Day Soccer Camp:

Spend a week enjoying the world's most popular sport in a fun, recreational environment. Play fun soccer games to build skills in our fun, age-appropriate camp. Learn and practice soccer skills including: dribbling, passing, receiving and shooting. Everyone is a winner as the week's fun culminates in an age-appropriate "World Cup" tournament.

All campers will receive a soccer ball and a KLS jersey. Campers should bring a full water bottle and a healthy snack. ALL PARTICIPANTS MUST WEAR SHIN GUARDS. Soccer shoes and sunscreen are recommended. This camp is held outdoors.

Day: Monday - Friday
Time: 9:00AM - 12:00PM
Dates: 08/28 - 09/01
Fee: \$97

Location: Lacamas Lake Lodge Grass Field, 227 NE Lake Road

Level 1 (4.5-6yrs)

Level 2 (7-10yrs)

Register online at www.kidzlovesoccer.com.
Questions? (503) 278-5377



SPRINGSESSION Ages: 0 - 5Y
Nurture your child's musical growth with Music Together®, an internationally loved, research-based music & movement program for young children and the grown-ups who love them. Come sing, dance, play & grow with us!

Spring Semester (8 classes)
Carolyn, Instructor
Lacamas Lake Lodge
Fridays @ 10:00AM - 10:45AM
03/31 - 06/09
(no class 04/07, 05/26 & 06/02)

Fees:
- \$132 for first child
- \$88 for second siblings (9 months - 5 years) of a registered child
- No charge for infant siblings (8 months & younger) of a registered child
Register online or for more information at www.NewNotesMT.com or call (360) 852-4286

SPRING BREAK CAMP
AGES: 4Y - 12Y

Our camps are... *Local* *Exciting* *Affordable* We keep your kids moving!

Join us for fun-filled days of arts and crafts, games, sports and an opportunity to make new friends. We will keep your campers engaged, entertained and educated as we focus on fun, arts & crafts activities, cooking projects, creative play and lasting friendships.

- Allow 5-10 minutes to complete emergency contact & behavior policy paperwork on the first day of camp.
- Please bring a lunch and a re-usable water bottle with your child's name clearly marked on them daily.
- Weather appropriate clothing is required. An extra change of clothing is recommended. LABEL ALL ITEMS!
- Low staff-to-camper ratio ensures that your child is safe & has fun.
- Pre-registration is required, early registration recommended.
- We participate in walking field trips.
- Campers must be able to use the restroom independently.

Camas Community Center,
1718 SE 7th Ave.

Monday - Friday, 9AM - 3PM
22015A April 3 - 7

**Fee: (In-City) \$150,
(Out-of-City): \$165,
\$10 sibling discount**

Shape NW Pre-School Programs MARTIAL ARTS
Summer Camps

Pre-K - 8th Grade

Join us for a day, week or the whole summer. We have something for everyone!

SHAPE NW provides sports and activity based camps with a special theme each week and an adventure camp for kids 4th-8th grades!

Camp runs from:

June 26th - August 30th
Monday - Friday
9am-4pm

with FREE early drop off and affordable aftercare if needed.

Grades PK-K located at Camas Community Center

Grades 1-3 located at Scout Hall in Crown Park

Grades 4-8 Adventure Camp will drop off and pick up at Scout Hall

Cost:
Unlimited Summer Fun \$1299/\$1399 when registered by May 15th

Weekly rates: most weeks are \$149 & \$179 for Adventure Camp when registered by May 15th

Daily rates: \$39/day (not available for Field Trip Week or Adventure Camp)

Go online for more information and to register at
www.shapenw.com



Pee Wee Super Sports

Age: 3Y - 5Y
All future athletes - this is a must! Participants will enjoy playing and learning about a different sport each week in a non-competitive environment. Parents are encouraged to participate. Sessions are 5 weeks long.

Teacher Cassidy

Fee (In-City): \$30/session
(Out-of-City): \$36/session

Lacamas Lake Lodge,
227 NE Lake Road

Session 1 -
Fridays, 10:45AM - 11:15AM
04/14 - 05/12
-OR-
Wednesdays, 12PM - 12:25PM
04/12 - 05/10

Session 2 -
Fridays, 10:45AM - 11:15AM
05/19 - 06/16
-OR-
Wednesdays, 12PM - 12:25PM
05/17 - 06/14

Tiny Tots Tumbling
Age: 2Y - 4Y

Join this fun class where movement is the main experience! Tumbling will improve your child's muscular strength, flexibility and body awareness. Parents are encouraged to participate. Sessions are 5 weeks long.

Teacher Cassidy

Fee (In-City): \$30/session
(Out-of-City): \$36/session

Lacamas Lake Lodge,
227 NE Lake Road

Session 1 -
Fridays, 11:30AM - 12:00PM
04/14 - 05/12
-OR-
Wednesdays, 12:30PM-12:55PM
04/12 - 05/10

Session 2 -
Fridays, 11:30AM - 12:00PM
05/19 - 06/16
-OR-
Wednesdays, 12:30PM-12:55PM
05/17 - 06/14

Pre-Registration required on all classes. Sign up early - they fill up fast!
Register online for the above classes at: <https://register.cityofcamas.us>
Or by visiting us at Lacamas Lake Lodge, 227 Lake Road
Call 834-5307 for more information.

Kung Fu For Kids

Age: 5Y - 12Y
Kung Fu can help teach self-control, discipline, patience & respect. It will also improve your muscle coordination, strength & overall health. Call 834-5307 for a FREE class.

Sifu Paco
Fee: \$50/mo. or \$135/3 mo.
Tuesdays & Thursdays Ongoing
Location: Camas Comm. Center,
1718 SE 7th Ave.

5:00PM - 5:55PM Class
23010A 04/04 - 04/27
23010B 05/02 - 05/30
23010C 06/01 - 06/29
-Or-

6:00PM - 6:55PM Class
23015A 04/04 - 04/27
23015B 05/02 - 05/30
23015C 06/01 - 06/29



Lil' Dragons Kung Fu
Age: 4Y - 5Y

Lil' Dragons classes are fun and exciting, teaching children that positive energy develops winners. Learn coordination, balance skills, life & safety skills and confidence. Lil' Dragons learn to become confident, peaceful Warriors and winners in life. A free uniform is included in the price of a 3 month registration for each new enrollee.



Sifu Paco
Fee: \$40/mo. or \$105/3 mo.
Tuesdays & Thursdays Ongoing
4:30PM - 4:55PM
Location: Camas Comm. Center,
1718 SE 7th Ave.

23005A 04/04 - 04/27
23005B 05/02 - 05/30
23005C 06/01 - 06/29



YOUTH SPONSORSHIPS
Assistance is available to youth participants with financial need who live in our community. Call Camas Parks & Recreation at 834-5307 for more details and to receive an application.

Online Registration now available at: <https://register.cityofcamas.us>

Self Defense Adult Fitness Martial Arts Adult Leagues

Be assertive, both physically and verbally. Learn basic self-defense skills, increase awareness, and learn how NOT to be a victim. This class is for men and women both young and mature. All fitness levels welcome.

Dress in stretchy, comfortable clothes.

Cost: \$10

1st & 3rd Wednesdays

April 5 & 19

May 3 & 17

June 7 & 21

6:00PM - 7:00PM

Ages: 16 years & up,
Ages 13 - 15 with an adult

Location: Camas Community Ctr,
1718 SE 7th Ave.

Instructor: Sifu Paco of Camas
Tai Chi & Kung Fu

Pre-registration required at
<https://register.cityofcamas.us>
or by calling 360-834-5307



Vinyasa Yoga Age: 13+



Experience a yoga class outside and closer to where it's meant to be - connected with nature! (NW weather permitting) This 60 minute class is suitable for all levels. Bring a mat, water, and an open mind. Wear loose, comfortable clothing that you can easily move in and dress appropriately for the weather. Oh, and don't worry if you're "not flexible", yoga is accessible for everyone whether you can touch your toes or not!

Chaney Compher, cert. yogi

Fee:
\$10/class (drop-in)

Tuesdays & Thursdays Ongoing
9:30AM - 10:30AM

Lacamas Lake Lodge,
227 NE Lake Road

24040A 04/11 - 06/29



Sweetwater SUP Rentals - Standup Paddleboards, single and tandem kayaks rentals

Lacamas Lake at Heritage Park

Starting Saturday, May 6 for weekend rentals until the start of school break.

11am - 7pm seven days a week, depending on the weather.

For details on craft rentals, SUP lessons, yoga and fitness classes, group discounts and more, go to

www.sweetwatersuprentals.com
or find them on Facebook!



Tai Chi Age: 13+

Health benefits of Tai Chi have been researched in a number of medical studies, The Mayo Clinic, Harvard, National Institutes of Health, and Emory University to name just a few. The research is vast, but the conclusion confirms what practitioners have known for centuries, Tai Chi can dramatically improve your coordination, balance and health. The graceful slow speed along with an emphasis on deep breathing creates mental focus, flexibility and calmness, which relieves stress. Your first class is FREE! The class is open to people of all abilities (beginners to advanced).

Fee: \$50/month for Basic,
\$80/month For Advanced
(includes enrollment in Basic)

Taught by:
Sigung John Paul Jones

Location: Lacamas Lake
Lodge, 227 NE Lake Road

Basic Tai-Chi - Noon

Tuesday/Thursday Ongoing

12:00PM - 1:00PM

23006A 04/04 - 06/29

Advanced Tai-Chi Tum-Pai

(must have completed Basic Tai-Chi)

Tuesday/Thursday Ongoing

1:00PM - 2:15PM

23056A 04/04 - 06/29

Basic Tai-Chi - Evening

Mondays Ongoing

6:30PM - 7:30PM

23035A 04/03 - 06/26

Advanced Tai-Chi Tum-Pai

(must have completed Basic Tai-Chi)

Mondays Ongoing

7:30PM - 9:15PM

23056A 04/03 - 06/26

Basic Tai-Chi - Evening

Tuesday/Thursday Ongoing

6:00PM - 6:55PM

23005A 04/04 - 06/29

Taught by: Sifu Paco

Location:
Camas Community Center
1718 SE 7th Ave.

Men's Spring Softball League 24000

The league will play double headers Monday - Thursday during this 8 week season. Field grooming, game balls & Umpires provided. Log onto www.sportability.com to register your team with Visa or Master Card or in person at Lacamas Lake Lodge, 227 NE Lake Road

Fallen Leaf Softball Field
April 10 - June 30

Sign Up Deadline:
Fee: \$700 for a team of up to 15 players due March 26.

Coed Summer Adult Softball League 34000

Regular round-robin season.
Game balls & Umpire provided

"A" (competitive) - Ready to play competitively. Hit & field consistently. Have previously played in the A League or played on a B team that places 1st in the regular season or tournament. 3 over-the-fence progressive home runs allowed. Games will be played Wednesdays, Thursdays, Fridays (some Sundays)

"B" League (recreational) - Want to play for recreation & as a social event. Hit & field in-consistently. Have never previously played in the A League. 1 over-the-fence home run progressive allowed. Games will be played Sundays, Mondays, Tuesdays *NO A League players are allowed to also play in the B League.

The league will play double-headers Sunday - Friday. Field grooming, game balls & Umpires provided. Log onto www.sportability.com to register your team with Visa or Master Card or in person at Lacamas Lake Lodge, 227 NE Lake Road

Fallen Leaf Softball
June 25 - August 31

Sign Up Deadline:
Team Fee: \$300 due June 9
Player Fees: (In-City): \$40 or
(Out-of-City): \$45 due June 23

Kung Fu for Teens & Adults Age: 13+ 23020

Kung Fu can help teach self control, discipline, patience & respect. It will also improve your muscle coordination, strength & overall health. Call 834-5307 for a FREE class.

Sifu Eric
Fee: \$50/mo. or \$135/3 mo.
Tuesdays & Thursdays Ongoing
7:00PM - 7:55PM
Location: Camas Comm. Ctr.
1718 SE 7th Ave.



Insanity Live is a challenging, group-focused athletic training, cardio conditioning, and total-body strength drills, designed for people of all levels. The moves are easy to follow - but the workout will challenge you, change you, and get you in the best shape of your life. So as you're giving it your all, just when you feel like your body is about to max out on certain movements, you're saved by the bell and it's time for the next block of moves. Plus, moves can always be modified so you can work up to your own best level. Bring a towel, yoga mat (optional), lots of water and your inner beast! No weights needed for this workout!

Kelly Cusack Hawthorne,
Insanity Live Certified Instructor

Fee:

20 passes for \$100. Buy 20 get 5 free!

15 pass for \$90 10 pass for \$70

5 pass \$45 Drop in - \$10

First class Free with purchase of a pass

Mondays/Wednesdays Ongoing

9:30AM - 10:15AM

Location: Lacamas Lake Lodge,
227 NE Lake Road

24050A 04/10 - 06/28

For more information and to register, please contact the Camas Parks and Recreation offices at 834-5307.

Special Events SENIOR PROGRAMS

Easter Day Hunt

Age: 2Y – 12Y

Over 10,000 candy and prize-filled eggs will be hidden in designated egg hunting areas color-marked for age groups 2-3, 4-5, 6-7, 8-9, and 10-12.

Children should bring a basket or bag for their eggs. Children must be accompanied by an adult. Adults are not allowed in the hunting areas, except in the area for ages 2-3.

The Traditional Easter Bonnet and Contemporary Hat contest will take place immediately following the egg hunt. Prizes and ribbons will be awarded to participants.

FREE

Sunday, April 16

1:30PM Sharp!

Crown Park, Camas

Thank you to our Easter Event Sponsors and Contributors:

C-W Grocery Outlet, Columbia Gorge Women's Association, GFWC C-W Women's Club, Soroptimists International, VFW Post 4278, VFW Ladies' Auxiliary, and Winco.



CASINO TOURS

Age: 55+

Join the Camas Senior Center each month for casino tours in Washington. Fee includes comfortable tour bus transportation. Lunch on own. Registration required on all trips. The NEW pick-up spot for bus departure will be at the Camas Municipal Court Parking Lot in Washougal.

Call LaRhea Steele at 433-6426 for more information.

Camas Municipal Court Parking Lot, 89 C St., Washougal

Fee: \$5.00

All busses board 6:45AM; depart 7:00AM

Red Wind Casino, Olympia, WA

Every Third Monday

March 20

April 17

May 15

June 19

ENHANCE FITNESS

Age: 60+

Join Area Agency on Aging & Disabilities of Southwest WA (AAADSW) for a fun fitness class designed for older adults. Go at your own pace in a class that combines strength training, flexibility, balance and cardio conditioning. Exercise led by a certified instructor. Wear loose, comfortable clothing and shoes.

AAADSW

Camas Community Ctr.

Fee: by donation

Fridays, 03/03 - 06/30

10:00AM – 11:00AM



CULTURAL BUS TOURS Age: 55+

Enjoy a variety of interesting excursions around Washington and Oregon.

Trips are advertised in Camas' local newspaper, the Post Record, in "Around Town".

Fee includes comfortable bus transportation.

Lunch on own.

Registration required on all trips.

Call LaRhea Steele at 433-6426 or Carol Ferguson at 835-3595 for details on upcoming trips and to reserve your spot.

Save the Date!

Concerts in the Park are held on Thursday nights at Crown Park, from 6:30PM to 8:30PM.

July 20
July 27
August 3
August 10

Family Fun Fridays are held every Friday in Crown Park in August beginning at 12:00PM.

August 4
August 11
August 18
August 25

If you like to plan early, then put these dates in your calendar for the upcoming Concerts and Movies in the Park, and for Family Fun Fridays. These events will take place in Crown Park in Camas.

Details to be announced in the Summer newsletter and upcoming community promotions.

Movies in the Park are held on Friday nights in Crown Park in August beginning at approximately 8:30PM.

August 4
August 11
August 18
August 25

Weight Watchers

Let us help with the hard part.

Weight Watchers
Camas Community Center
1718 SE 7th Ave.

Thursday Evenings
5:30PM - Registration & Weigh-in
6:00PM - Meeting Time

Leader: Jaime G.

Join NOW with no enrollment fee. A \$20 savings.

For other local meeting times and specific pricing information, visit www.weightwatchers.com

Camtown Youth Festival



Age: 3Y - 16Y

Saturday, June 3

11:00AM - 4:00PM

Crown Park, Camas

FREE!!!

NEW DATE! The first Saturday in June. Join Camas Parks and Recreation and the Camas School District for the sixteenth annual Camtown Youth Festival.



- The festival will include -
- ◆ A variety of games
 - ◆ Interactive amusements
 - ◆ Arts & crafts activities
 - ◆ Entertainment
 - ◆ Food
 - ◆ Petting zoo
 - ◆ Art show
 - ◆ Kids' flea & craft market
 - ◆ Youth information tables.



Remember to bring your toys to trade at the kids' flea market!

Children must be accompanied by adults. No dogs allowed in the park.

Detailed fliers and posters will be distributed throughout the schools and community closer to the event date.

Camtown Kids' Flea Market

Saturday, June 3
11:00AM - 4:00PM
Crown Park, Camas

NEW DATE! First Saturday in June. You won't want to miss this opportunity to sell or trade home-made arts and crafts or your good, but unwanted toys during this unique flea market. To sell or trade - rent a 10' x 10' space for \$5.00 (vendors provide their own table, chairs, canopy, etc.) Visitors can purchase items from our young vendors, or toys or crafts may also be traded at the flea market. Commercial wares and food items will not be allowed. Items must be in good condition and children must have adult supervision present.

Class Code: 28010A

Fee for 10'x10' space:

\$5 by May 26

\$10 late registration after May 26

\$20 on-site registration on June 3rd (walk-ins)

Camtown Youth Festival Forgey Art Exhibit

Calling All Camtown Youth Artists!

Age: 17 and under

At Scout Hall in
Crown Park
NE Everett & NE 15th Ave.

Art Show - June 3, 2017

11:00 AM - 4:00 PM

Students, here is your chance to use your talent, creativity, and imagination!

Enter your art in the art competition and art exhibit.
Art entries must be turned in at Scout Hall on Wednesday, May 31 from 4:30PM-6:00PM

Entry forms available at
Lacamas Lake Lodge,
227 NE Lake Road, or by
clicking on the "Camtown" link
at www.cityofcamas.us/parks

Find rules and more details about any of the activities on this page at the Camtown web site:

www.cityofcamas.us/parks

Click on "Camtown," located on the right border.

Camas Municipal Pool

120 NE 17th Ave. Camas

Information Line 360-817-1556

www.cityofcamas.us/parks

A QUICK GLANCE AT THE CAMAS POOL 2017 SUMMER SCHEDULE

FACILITY INFORMATION

Check out the Camas Swimming Pool this summer for fun, recreation, education and fitness. Our municipal swimming pool was built in 1954 and is the only outdoor pool in Clark County. It is situated in scenic Crown Park and features two pools. The pool also offers boys' and girls' changing rooms, showers and restrooms.

DATES OF OPERATION:

June 26 - Aug 26

Days open are subject to inclement weather.

TICKET INFORMATION

Single Admission: \$4.00

10 Punch Pass: \$32

25 Punch Pass: \$80

Each Admission is good for one swim session. You may return for the next swim session with purchase of admission per session.

Registration available June 4st for most programs online at:

<https://register.cityofcamas.us>

Location and Directions:

The Camas Municipal Pool is located in Camas at the Northwest end of Crown Park, located at NE 17th Ave. and Division. From Highway 14, take the Camas Business Exit; proceed East on 6th St. Turn North (left) on Division St. Parking is available around Crown Park.

2017 LEARN TO SWIM DATES

Session One June 27– July 6

Registration begins online June 4, in person at the pool on June 6th. Week 1 will be Tues-Fri, Week 2 will be Mon-Fri with no classes on Tuesday, July 4.

Session Two July 10 – July 20

Registration begins online June 29, in person at the pool June 30th.

Session Three July 24 – Aug. 3

Registration begins online July 13, in person at the pool on July 14th.

Session Four Aug. 7 – Aug.17

Registration begins online July 27, in person at the pool July 28th.

We follow the American Red Cross Learn to Swim Program, offering 6 levels of swimming lessons to children. Red Cross swim courses are designed to help people of all ages and varying abilities develop their water safety, survival and swim skills. Swimmers work through age-appropriate levels as they master basic through advanced skills. We have low staff/student ratio, great rates, pre-school and school age classes and certified instructors. Classes will be available during the mornings and early afternoons, Mondays through Thursdays. We have additional programs for youth and adults.

Cost: \$65.00 for Swim Lessons

25 minute classes 50 minute classes

PS Lev 1-3 (ages 3-6) Lev 3-6

Lev 1 & 2 (ages 6+)

PRIVATE LESSONS

Private lessons are available for children and adults who would like individual instruction. Lessons may be shared among 2-3 children if they are at a similar skill level.

\$30.00 per half hour

\$270.00 for 10 lessons (must be scheduled/paid on the same day), includes a youth/ senior 5 punch pass for practice.

SPONSORSHIPS

Thanks to the generous support of C-W Community Chest, assistance is available to youth participants with financial need. Please call the Parks & Recreation department at 360-834-5307 for information before the pool opens. Please turn applications in prior to the registration dates for the Learn to Swim program.

SWIM CAMP: August 21-24

LIFEGUARD TRAINING: TBD

PARENT/TOT PLAYGROUP:

Every Friday and Saturday starting June 30th- August 19th

PRIVATE POOL RENTALS

Rentals available
June 24 - Aug. 26
daily when the pool is closed to the public.

RENTAL RATES

\$250/ hour for 1 - 40 swimmers
+\$50 per 30 minutes more thereafter

Additional Swimmers may be accommodated for \$5 per swimmer.

Special discounts for school groups and non-profits.

Email for availability and to reserve your space today:

salbert@cityofcamas.us - these emails will not be answered until the pool offices open June 4th.

2 week notice for any reservation required.

Payment Due at Reservation.

Reservations begin June 4th

View the Reservation Availability Calendar online at: <https://register.cityofcamas.us>

Lacamas Lake Lodge



Lacamas Lake Lodge and Conference Center 227 NE Lake Road

From corporate meetings to wedding receptions, we can work with you to accommodate whatever your event needs may be. The main hall can accommodate up to 150 people and includes a warming kitchen. In addition to the main hall, there are two small conference rooms that are partitioned off and can open up into one room. Tables and chairs are included in the rental and A/V equipment is available.

Fees:

Main Hall (150 person occupancy)

\$175/Hour, Refundable Deposit: \$500

- * A 5-hour minimum rental is required on Saturdays
- * A 2-hour minimum rental is required Sunday to Friday.

Additional Fees:

AV Equipment \$100/day

Reservation Process and Additional Information:

1. Rental Reservations are accepted 1 year in advance for residents and 10 months in advance for non-residents.
2. Rental hours are Monday - Sunday from 8 am until 10 pm.
3. Rental time includes room set-up through tear-down.
4. The payment is due in full within 5 business days of making a reservation.
5. Groups will be assessed a refundable deposit which will be deposited upon receipt. The facility will be inspected after your use. If the facility passes review, your deposit will be refunded back to you.
6. Non-profit groups will receive a 50% discount off of the hourly rate.
7. A 5 - hour minimum rental is required on Saturdays. All other days require a 2 - hour minimum rental.
8. If a renter goes over the allotted time, they will be charged an additional full hourly rate.
9. City of Camas residents will receive a 20% discount with proof of residency.



<http://www.cityofcamas.us/index.php/lacamaslodge>

Fallen Leaf Lake Shelter

Reservation Information

Fallen Leaf Lake Shelter is a beautiful lake-front facility located at 2911 NE Everett Street.

Amenities:

- *Will accommodate 150 people
- *Large Picnic Shelter
- *Restrooms
- *Picnic Tables
- *Large Charcoal BBQ Grill
- *Running Water
- *Large Countertop for food prep
- *Electrical Outlets
- *Volleyball Court
- *Large open grass area

Fees:

\$350/day for Fridays, Saturdays, Sundays and Holidays.
\$200/day for Monday - Thursday
\$500 refundable deposit
\$100 non-refundable alcohol fee
**These fees help pay for maintenance and operation of the park.*

- City of Camas residents will receive a 20% discount with proof of residency.
- Non-profit groups renting on weekends will be charged the mid-week rates.

Park Hours:

Between 10am and dusk.

Available Dates:

Rental Reservations are accepted 1 year in advance for residents and 10 months in advance for non-residents.

Fallen Leaf Lake Shelter rules and regulations

Subject to change at any time

- Private events only.
- Dogs are allowed on leash
- No amplified music. If you have portable music players, please make sure the noise is only audible within the boundaries of the area.
- A large open grass area is available. Inflatables are not allowed on the property.
- Please leave the area clean for the next party and deposit your garbage into the dumpster. Failure to do so will result in the loss of your cleaning deposit.
- It is unlawful to possess or consume alcohol on public grounds without a permit. Underage consumption of alcohol is illegal.
- Water access limited to swimming and non-motorized floatation devices. No fishing allowed.

Camas Community Center

1718 SE 7th Ave.
Camas, WA. 98607

<http://www.cityofcamas.us/index.php/parksfacilities/communitycenter>

ROOM DESCRIPTIONS

Ballroom – A spacious, 2400 square foot room complete with a 1500 square foot dance floor makes it perfect for large weddings, company celebrations or family reunions. The versatile dance floor is covered in 3 carpets that can be removed to expose the dance floor to size.
Room capacity – 300 people

Reception Room – This charming, decorated room is ideal for anniversary parties, birthday parties, baby/bridal showers and seminars.
Room capacity – 50 people

Conference Room – This room works well to conduct productive meetings.
Room capacity – 50 people

Kitchen – Fully equipped with an industrial-sized refrigerator and dishwasher, oven, stove, microwave and coffeemakers.

Fees:

Mid-Week M - F(am)	Weekend F(pm) - Sun.
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Reception Room \$75/day	\$150/day
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Conference Room \$50/day	\$100/day
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Ballroom \$150/day	\$300/day
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Kitchen \$30/day	\$50/day
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Sound System \$75/day	\$75/day
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Additional Fees:

Deposit	\$500 refundable
Alcohol Use fee	\$100
Key call back fee	\$150

***Notes**

- Mid-Week is Monday through Thursday, and Friday until 1:00 pm.
- Weekend is Friday after 1:00 pm through Sunday.
- No rental fee will be charged for non-profit groups who are community based and IRS recognized, City of Camas Sponsored events, School sponsored events, or governmental agencies that reserve the facility Monday through Thursday, between the hours of 8:00 am and 5:00 pm and Friday before 1:00 pm. You must be able to show proof of insurance.
- Non-profit groups renting on weekends charged the mid-week rates.
- Individuals living inside the City limits of Camas will receive a 20% discount with proof of residency.
- Groups will be assessed a \$200.00 refundable deposit which will be deposited upon receipt. The facility will be inspected after your use. If the facility passes review, your deposit will be mailed within thirty days.

For more information and to make reservations, please contact the Camas Parks and Recreation offices at 834-5307.

Activities Registration

Camas Parks and Recreation (360) 834-5307

Our offices are located at Lacamas Lake Lodge, 227 NE Lake Road

Mailing Address: 616 NE 4th Ave., Camas, WA 98607

Office Hours: Monday - Friday 8:00am - 5:00pm

Register Online at: <https://register.cityofcamas.us>

Adult's Name: _____ Address: _____
 City: _____ State: _____ Zip: _____ Home Phone: _____
 Work Phone: _____ Email Address: _____
 Daytime Emergency Contact: _____ Phone: _____
 Participant Name: _____
 Birthdate: _____ Grade: _____ School: _____
Please specify any physical, behavioral, or mental obstacle that may pose a challenge to your (or your child's) enjoyment in the activity:

CLASS CODE	ACTIVITY NAME	PARTICIPANT NAME	BIRTH DATE	FEE

GENERAL INFORMATION:

Registration: Registration is accepted on a first come, first served basis. Receipt of payment will reserve a place in the activity. Some activities have space limits. Register early to ensure your space.

Payment: Make checks payable to: City of Camas. Mail to: Camas Parks and Recreation, 616 NE 4th Ave., Camas, WA 98607.

Or deliver to: Lacamas Lake Lodge, 227 NE 4th Ave., Camas.

Cancellation: Cancellation of activity may occur due to low enrollment, weather conditions, or circumstances beyond our control.

Registered participants will be notified of cancellation.

Refunds: Participants will receive a total fee refund if Camas Parks and Recreation cancels or postpones an activity, or when participant cancels before the second meeting of a series. Participants who do not show up for one day activities will not be given refunds. Sports League refunds: No refunds of team fees are given once league schedules are set. Player fees are not refundable after the second scheduled game.

Parent responsibilities: Parents may be required to sign their children in and out for youth activities. Transportation is not provided unless otherwise noted.

Photos: Activity participants may be photographed for promotional purposes related to Camas Parks and Recreation. If you do not wish for you/your child to be photographed, please provide a written note to the Recreation Coordinator.

Sponsorship: Assistance is available to youth participants with financial need. Sponsorships are offered by the Friends of the Camas Community Center and can be requested by calling 834-5307.

Non Discrimination Policy: The City of Camas prohibits sex discrimination in the operation, conduct or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Camas for community athletics programs are also prohibited from discriminating on the basis of sex. In addition, the City of Camas does not discriminate on any other basis protected by federal or state law, including race/color, creed (religion), national origin, sex, disability, use of a guide dog or service animal by a person with a disability, HIV/AIDS or Hepatitis C status, sexual orientation/gender identity, or honorably discharged veteran and military status. If you have questions, wish to file a complaint, or require a reasonable accommodation for a disability; please contact Jennifer Gorsuch at 616 NE 4th Ave., Camas, WA 98607, phone (360) 817-1530.

WAIVER: I hereby acknowledge that I understand that in all activities of the City of Camas Parks and Recreation there are risks of accidents that could result in bodily harm. I understand that the City of Camas Parks and Recreation activities are planned with the utmost thought and prudence, and with the safety of participants in mind. I further acknowledge that I/my child have the physical capacity reasonably necessary to engage in the activity for which I/my child have registered for. However, I/my child do hereby waive all claims which I/my child might have against the City of Camas or any of its officers, agents, or employees by reason of bodily injuries which I/my child might suffer arising out of my/my child's participation in the program. In case of emergency, accident or illness, I give my permission for me/my child to be treated by a professional medical person and admitted to a hospital if necessary. I agree to be the party responsible for all medical expenses which are incurred in my/my child's behalf.

Participant's Name: _____ Date: _____

Parent/Guardian Signature: _____